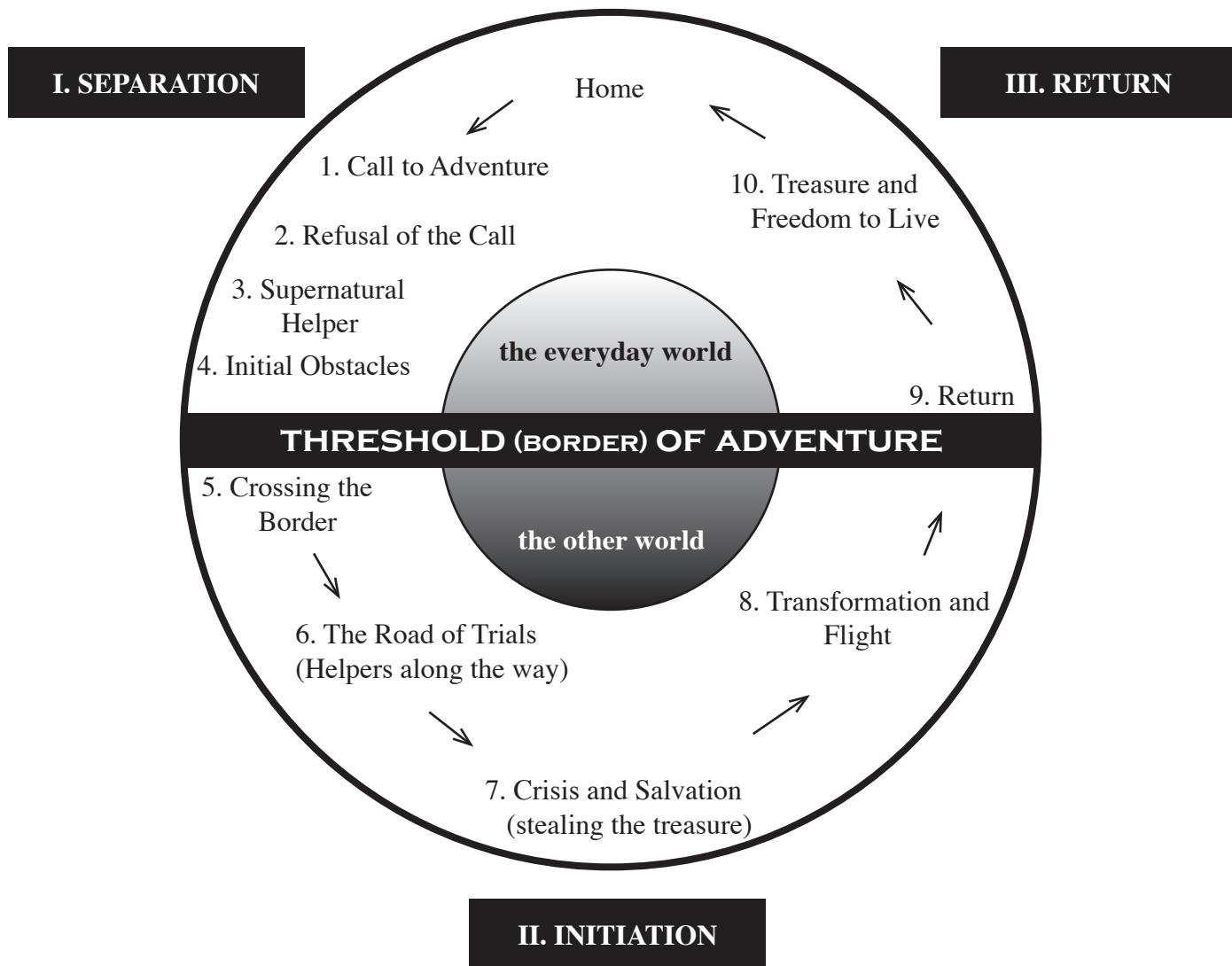


# THE HERO'S JOURNEY

## Plot Archetype

The hero's journey is about taking a journey to find the "treasure" of our true selves so as to return home to transform the "kingdom." It is an archetypal story pattern seen in all cultures and all time periods, an expression of our human "collective unconscious" (according to psychologist Carl Jung). In the stories that speak to us most deeply, the characteristics of the hero and the stages of the hero journey are remarkably consistent.



# THE HERO

## Character Archetype

**Archetype:** an inherited idea from our ancestors' common experience that is in each person's subconscious.

### Characteristics:

- Noble birth and / or orphan
- Special abilities and / or weapons
- Mentor / Guide
- Faithful companions
- In harmony with nature
- Appropriate use of force

## Hero's Journey Application Practice

**Directions:** Select one movie, legend, book, comic book, or pop culture phenomenon. Write its title in the space below. In each box, illustrate or explain how the stage of the Hero's Journey shows itself in your chosen story.

The Hero's Journey in \_\_\_\_\_

