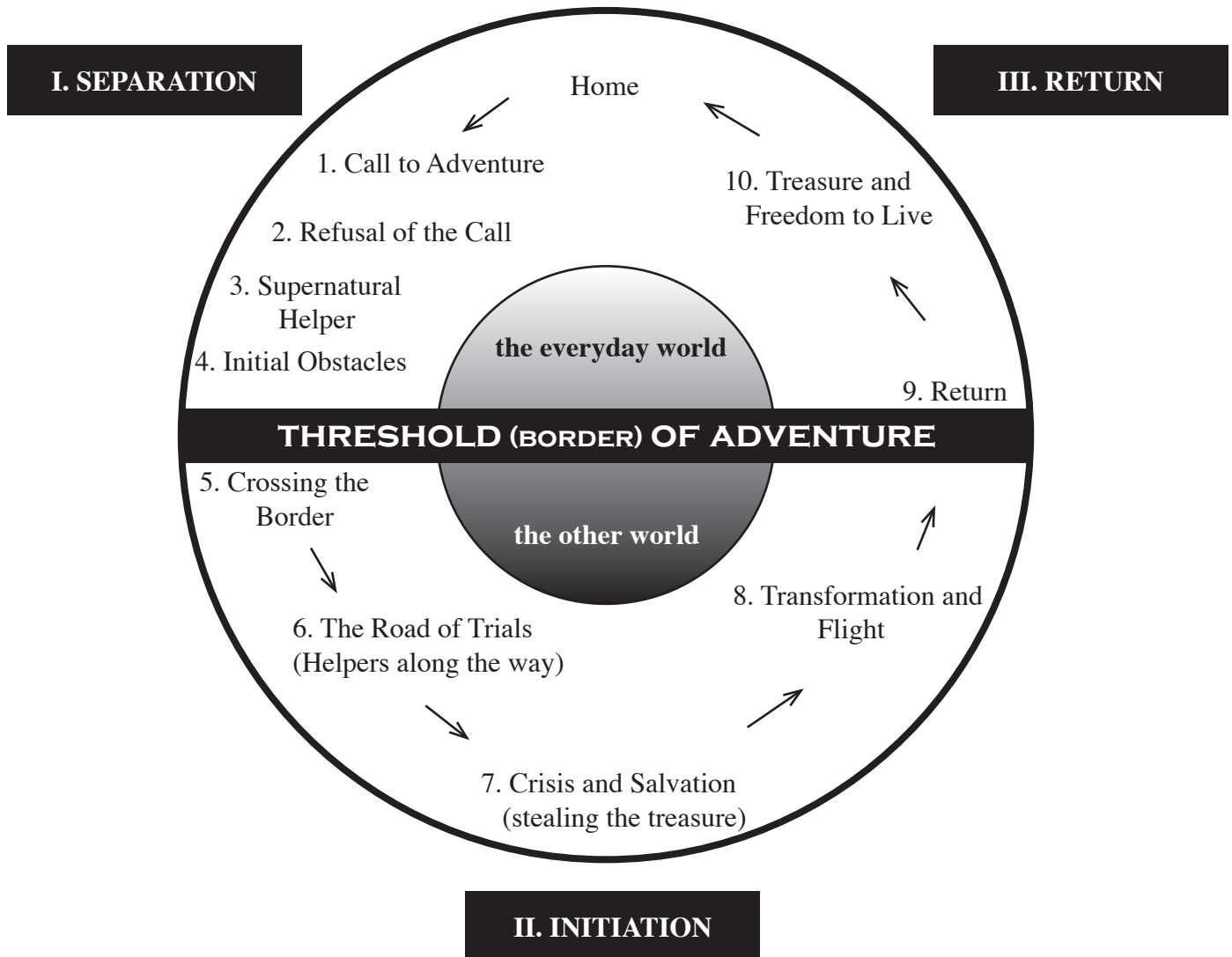


THE HERO'S JOURNEY

Plot Archetype

The hero's journey is about taking a journey to find the "treasure" of our true selves so as to return home to transform the "kingdom." It is an archetypal story pattern seen in all cultures and all time periods, an expression of our human "collective unconscious" (according to psychologist Carl Jung). In the stories that speak to us most deeply, the characteristics of the hero and the stages of the hero journey are remarkably consistent.



THE HERO

Character Archetype

Archetype: an inherited idea from our ancestors' common experience that is in each person's subconscious.

Characteristics:

Noble birth and / or orphan

Special abilities and / or weapons

Mentor / Guide

Faithful companions

In harmony with nature

Appropriate use of force

Hero's Journey Application Practice

Directions: Select one movie, legend, book, comic book, or pop culture phenomenon. Write its title in the space below. In each box, illustrate or explain how the stage of the Hero's Journey shows itself in your chosen story.

The Hero's Journey in _____

